



# Kedleston Safety News

Professional Health and Safety Consultancy in Derby

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Read time:

5mins



## Social distancing and making your workplace COVID-secure

**Social distancing means keeping people apart to help reduce the spread of coronavirus.**

Where possible you should keep people 2m apart. If this is not viable, keeping 1m apart with risk mitigation is acceptable.

### Staff and visitors

You must ensure that workers and other people visiting your workplace understand and comply with the measures you put in place.

Social distancing should form part of your business's risk assessment and is one of the steps needed to make your workplace COVID-secure.



**Get expert advice on making your business safe for staff to return to work as lockdown eases**

We can help with;

- ✓ How to prepare your building as a 'COVID-secure workplace'
- ✓ What to do to maintain social distancing at work
- ✓ When to keep staff homeworking and how to choose who comes back into work

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Professional  
Pragmatic  
Practical





# Moving into Autumn

Autumn brings with it several additional hazards we need to consider. While many of us will be staying inside this autumn, some will find themselves working outside and exposed to the seasonal hazards. Here are a few of the most common hazards you might experience this Autumn.

### Fallen leaves, wet weather and ice

Fallen leaves, wet weather and ice can lead to slips, trips and falls at work. Wet leaves create a hazard for workers, making work areas slippery, while wet weather and ice can make surfaces slippery. Access equipment can become slippery too when wet too, especially if you climb your ladder with wet, slippery leaves stuck to your footwear.

### Poor visibility

Darker evenings, rain and early morning fog can all obscure your vision. The sun can be low and bright sunlight which can cause glare both then driving and working on site.

### Cooler Temperatures

As the temperatures dip, it's important to keep warm. Cooler mornings, evenings and harsh cold spells can lead to illness and hyperthermia if incorrect clothing is worn.

## Autumn top tips for work and at home

- ✓ Drive slowly and avoid hard-braking through leaves, especially when wet, as they can be as slippery as ice.
- ✓ Be careful of fog on cold mornings, which can limit driving visibility and distance perception.
- ✓ Check tyre pressure frequently. With rapidly changing temperatures, tire pressure often expands and contracts.
- ✓ Get vaccinated for the flu. Protecting against the flu is especially important for people at high risk.
- ✓ Wash your hands regularly.
- ✓ Cough or sneeze into your elbow, it will keep the virus off your hands, so you won't spread it to other people.
- ✓ Have your chimney professionally inspected and cleaned each year.

**Check or replace carbon monoxide batteries twice a year: when you change the time on your clocks each spring and fall. Replace smoke alarm alkaline batteries at least once a year. Test alarms every month to ensure they work properly**

## How often should Health & Safety training be refreshed?

Unfortunately, this isn't a simple, set term answer. The frequency training needs to be refreshed will depend on a number of factors – like the type of training, has there been an accident, a change in process, a change in the environment or new tool or equipment.

However, as a general rule, training should be re-visited on an annual basis

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## Safety Scramble

Just for fun, can you unscramble these safety-related words?

CURONOVISAR

MUTAUN

LEDTEKSON

RTULAIENOS

WOTORTAKISN

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