

# HEALTH & SAFETY TRAINING



KEDLESTON  
SAFETY



# Risk assessment workshops

**DESIGNED FOR YOUR BUSINESS**  
**KEDLESTON SAFETY COMES TO YOU**

This popular training course is developed WITH YOU in your setting.

By working with your team to develop risk assessments and understand your business operations course participants learn in their work environment.

These sessions are very interactive and last between 2 to 4 hours.

## Course covers:

- Why risk assessments are important
- The benefit of good risk assessments and management
- Overview of relevant legislation including the Management of Health and Safety at Work Regulations 1999
- Common types of risk assessment and the different ways of doing them
- Risk assessment terminology you need to know (hazard, risk, likelihood, consequences etc)
- The HSE's approach to risk assessment
- The hazards the businesses may come across and the strategies to put in place to control these.

*'You have a legal duty to assess the risks to the health and safety of your employees.'*

*Consult your employees so they are more likely to understand the procedures you put in place to control risks.*

*Source: HSE*



*'The Health and Safety at Work etc Act 1974 is the primary piece of legislation covering occupational health and safety in Great Britain.'*

## Health and safety for business owners

### IF YOU HAVE YOUR OWN BUSINESS WHAT DO YOU NEED TO KNOW?

Instead of wading through the legalise of health and safety understand it easily with the support of a practitioner who will come to your site so it's bespoke to what your business activities are.

#### Course covers:

- What a competent person is and review of your nomination
- What a health and safety policy is and what should be included for your business
- Risk assessments; how to identify hazards and assess risks at your workplace
- Involving your team and methods to inform them about health and safety
- Having the right workplace facilities
- First aid at work; the requirements
- What you must display including THAT poster, your policy and insurance certificates
- The law and what it means in practise for you as a business owner
- How to report accidents and illness and what need to be reported to the HSE.



# Health and Safety training for staff

**A SELECTION OF MODULES THAT YOU CAN PICK AND CHOOSE FROM  
TO SUIT YOUR TEAM'S REQUIREMENTS**

Statutory health and safety training is required by law to help keep your employees safe whilst at the workplace.

## Modules:

- Common causes of Accidents
- Health Hazards and Common causes of Workplace Ill Health
- Factors that can Impact on Health and Safety
- Reporting of Injuries, Diseases and Dangerous Occurrence Regulations
- What is Risk Assessment?
- Workplace Safety
- Safe Systems of Work
- Slips, trips and falls – Same Level
- Falls from Height
- Housekeeping
- Electrical Safety
- Fire Safety
- Workplace Welfare Facilities
- First Aid
- Stress
- Drugs and Alcohol
- Conflict and Violence
- Lone Working
- Manual Handling Regulations
- Display Screen Equipment Workstations
- Working at Height and its Control Measures
- Working at Height Equipment
- Safe use of Ladders and Stepladders
- Hazardous Substances and their Control Measures
- Chemical Signs
- Noise – Elimination, Reduction and Control
- Hand/arm Vibration (HAVS) and Carpal Tunnel Syndrome
- Employer Responsibilities
- Safe Use of Vehicles
- Pedestrian/Vehicle Conflict
- Benefits of health and safety